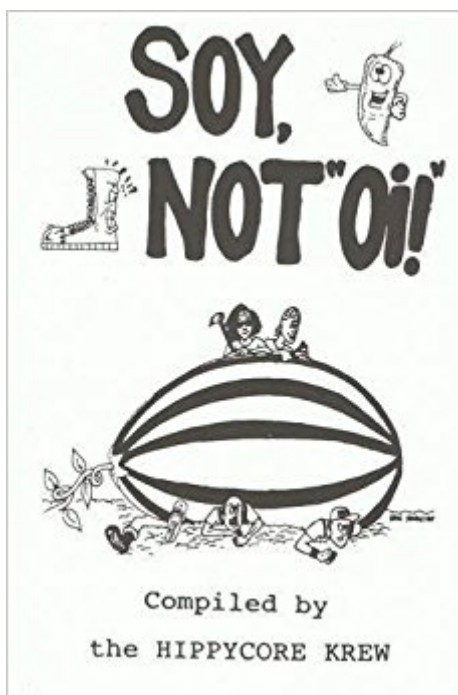


The book was found

Soy, Not Oi!



Synopsis

An authorized reprint of the classic vegan cookbook. Over 100 recipes designed to destroy the government, complete with musical notes to accompany the chef. A sure-fire winner for every revolutionary palate

Book Information

Paperback: 104 pages

Publisher: AK Press (November 15, 2005)

Language: English

ISBN-10: 1904859194

ISBN-13: 978-1904859192

Product Dimensions: 0.2 x 5.5 x 8.5 inches

Shipping Weight: 4.8 ounces

Average Customer Review: 4.1 out of 5 stars 10 customer reviews

Best Sellers Rank: #703,015 in Books (See Top 100 in Books) #241 in Books > Arts &

Photography > Music > Musical Genres > Punk #782 in Books > Cookbooks, Food & Wine >

Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian

Customer Reviews

I like these little vegan cookzine type books and have a small collection of them. This was the most recent for me, even though it isn't a new book. Straight away I cooked the peanut butter cookies and they were pretty damn easy to make and delicious. I am sure I probably could have found a similar recipe on the web, but I guess I like having books and not needing a computer for everything I do. We have to try more recipes from the book, but so far they have been very good.

I got this for my teenage nephew at the recommendation of a friend. My nephew, although vegan, knew very little about cooking at all never mind cooking vegan and was relying heavily on prepared foods. He found this book very helpful.

This is some old school vegan s*** right here! I've owned several copies of this book over the years and I still use it. The cinnamon roll recipe is solid and still my go to!

An excellent introduction to veganism especially for punks :) it is an hilarious book with great hints and recipes. Was a joy to read a cookbook for once.

Santificaci3n Yo Soy Jes3s Christo Los Muros Caen Serie Congregacional Volumen 5 En Vivo
Allergy Cooking with Ease: The No Wheat, Milk, Eggs, Corn, and Soy Cookbook The Ultimate
Allergy-Free Cookbook: Over 150 Easy-to-Make Recipes That Contain No Milk, Eggs, Wheat,
Peanuts, Tree Nuts, Soy, Fish, or Shellfish The Allergy-Free Pantry: Make Your Own Staples,
Snacks, and More Without Wheat, Gluten, Dairy, Eggs, Soy or Nuts Allergy-Free and Easy Cooking:
30-Minute Meals without Gluten, Wheat, Dairy, Eggs, Soy, Peanuts, Tree Nuts, Fish, Shellfish, and
Sesame Pure Delicious: More Than 150 Delectable Allergen-Free Recipes Without Gluten, Dairy,
Eggs, Soy, Peanuts, Tree Nuts, Shellfish, or Cane Sugar Seitan and Beyond: Gluten and
Soy-Based Meat Analogues for the Ethical Gourmet

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